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CONGRESS VENUE

Sapienza University of Rome
Aula Magna, Rectorate Building
Piazzale Aldo Moro, 5 • 00185 Rome

CONTINUING MEDICAL EDUCATION

Italian CME credits have been requested for Physicians (psychiatry, neurology, infant neuropsychiatry, pediatrics, forensic medicine, hygiene, pharmacology and toxicology, epidemiology, family medicine); Psychologists (psychology and psychotherapy); Pharmacists; Nurses; Physiotherapists; Speech Therapists; Occupational Therapists.

EDUCATIONAL OBJECTIVE

Application of the principles and procedures of evidence-based practice in daily practice

REGISTRATIONS



PRESIDENT OF THE SYMPOSIUM:
Maurizio Pompili

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International Symposium on Suicidology and Public Health

23rd EDITION

JUBILEE YEAR EDITION

President of the Symposium:
Maurizio Pompili



SAPIENZA
UNIVERSITÀ DI ROMA

Rome
September 23-24, 2025

Aula magna, Rectorate Building
piazzale Aldo Moro, 5

TUESDAY, SEPTEMBER 23, 2025

09.00 Registration

09.50 Opening Remarks - **Maurizio Pompili** (Rome)

Placing the individual at the core of suicide prevention

Chairs: **Zoltan Rihmer** (Budapest),
Marco Sarchiapone (Campobasso)

10.00 The autistic spectrum as a transdiagnostic risk factor for suicide
Liliana Dell'Osso (Pisa)

10.30 Structured evidence-based psychotherapeutic interventions for suicide
Xenia Gonda (Budapest)

11.00 Social determinants in suicide among the elderly
Diego De Leo (Padua)

Special Feature Lecture

11.30 A patient-centred approach for suicidal risk
David A. Jobs (Washington)

Special Lecture

12.00 Pain: from the cell to the self
Daniela Lucangeli (Padua)

12.45 Break

INAUGURATION OF THE CONGRESS

14.00 Institutional Welcome Addresses

Antonella Polimeni (Rector, Sapienza University of Rome)

Erino A. Rendina (Head of Medicine and Psychology, Sapienza University of Rome)

Francesca Milito (General Director, Sant'Andrea University Hospital)

14.20 Introduction: **Maurizio Pompili** (Rome)

Opening Lecture

14.30 Modern psychiatry in mental health in Europe and Italy
Andrea Fiorillo (Naples)

Lifetime Achievement Award

15.00 My life in psychosis research: from early intervention, CBT to the status of affect in 'non-affective' psychosis
Max Birchwood (Birmingham)
Introduced by: **Andrea Fiorillo** (Naples)

15.40 Trauma and the restoration of the Self
Bessel van der Kolk (Boston)
Introduced by: **Vittorio Lingiardi** (Rome)

Innovative therapies in mental health for the new millennium

Chairs: **Gabriele Sani** (Rome), **Antonio Vita** (Brescia)

16.30 Targeting heterogeneity in depression: from neuropharmacology to clinical practice
Andrea Fagiolini (Siena)

Special Feature Lecture

16.50 Efficacy of esketamine in treatment-resistant depression: short- and long-term outcomes
Allan H. Young (London)

17.10 Lithium therapy in mood disorders: a comparative overview
Umberto Albert (Trieste)

17.30 Long-acting antipsychotic therapy in schizophrenia: recent evidence and pharmacological innovation
Bernardo dell'Osso (Milan)

17.50 Conclusions and closing of the first day
Maurizio Pompili (Rome)

WEDNESDAY, SEPTEMBER 24, 2025

09.00 Opening of the second day
Maurizio Pompili (Rome)

Approaches to Mental Health

Chairs: **Serafino De Giorgi** (Lecce),
Massimo Pasquini (Rome)

09.10 Trust and care
Alberto Siracusano (Rome)

Exceptional contribution award in mental health

Introduced by: **Maurizio Pompili** (Rome)

09.40 New paradigms and new mechanisms of action for treating schizophrenia
Stephen M. Stahl (San Diego)

10.20 The subjective experience of mental pain and suicide risk
Maurizio Pompili (Roma)

10.35 Break

Clinical and therapeutic perspectives in psychiatry

Chairs: **Giuseppe Carrà** (Milan), **Cinzia Niolu** (Rome)

11.30 Impulsivity in affective disorders and suicidal behaviors
Mario Amore (Genoa)

11.50 New opportunities in the treatment of schizophrenia: from hospitalisation to maintenance
Antonio Vita (Brescia)

12.10 Pharmacological treatment of psychotic disorders: monitoring and management of side effects
Giuseppe Maina (Turin)

12.30 Complex clinical presentations in psychiatry: towards a better understanding of outcomes
Giovanni Martinotti (Chieti)

12.50 Neuronal well-being: optimising anxiety, depression, and insomnia
Gianluca Serafini (Genoa)

13.10 Lunch break

Special Mention Award

Introduced by: **Alfonso Tortorella** (Perugia)

14.10 Past, present, and future of benzodiazepines in clinical practice
Giovanni Biggio (Cagliari)

New trends in mental health

Chair: **Giorgio Di Lorenzo** (Rome)

14.30 Real-world experiences with esketamine in the management of treatment-resistant depression. Focus on hopelessness and suicide risk
Isabella Berardelli (Rome)

14.50 Semaglutide: the added value for psychiatry
Riccardo De Giorgi (Oxford)

Special Lecture

15.10 Recognition of the suicidal crisis: an update
Marco Innamorati (Rome)

Trauma, vulnerability, and targeted interventions in suicidal risk

Chair: **Lorenzo Tarsitani** (Rome)

15.40 Early and lifetime traumatic events in affective disorders and suicide risk: therapeutic implications
Claudia Carmassi (Pisa)

16.10 Eating disorders and suicide risk
Patrizia Zeppegno (Novara)

16.30 Facing TRD in the community setting: a real-world study
Domenico De Berardis (Teramo)

17.05 **Poster award**

17.30 Conclusions and future perspectives
Maurizio Pompili (Rome)

17.45 Closing of the congress