#### UNDER THE PATRONAGE OF:





















The conference has been made possible thanks to the unrestricted grants of:































#### **CONGRESS VENUE**

Sapienza Università di Roma Aula Magna del Rettorato Piazzale Aldo Moro, 5 • 00185 Roma

#### **CONTINUING MEDICAL EDUCATION**

Italian CME credits have been requested for Physicians (psychiatry, neurology, infant neuropsychiatry, pediatrics, forensic medicine, hygiene, pharmacology and toxicology, epidemiology, family medicine); Psychologists (psychology and psychotherapy); Pharmacists; Nurses; Physiotherapists; Speech Therapists; Occupational Therapists.

# **EDUCATIONAL OBJECTIVE**

Application of the principles and procedures of evidence-based practice in daily practice



# PRESIDENT OF THE SYMPOSIUM: Maurizio Pompili

# SCIENTIFIC COMMITTEE: Denise Erbuto, Monica Migliorati, Isabella Berardelli, Marco Innamorati Tel. (+39) 06 33775674

C.M.E. PROVIDER

# A aristea education

Via XII Ottobre, 1 - Piano 6 • 16121 Genova Tel. 010 7766457 • E-mail info@aristeaeducation.it Web www.aristeaeducation.it

MANAGED BY



Via Roma, 10 • 16121 Genova Tel. 010 553591 • E-mail genova@aristea.com Web www.aristea.com

REGISTER

MEDIA RELATIONS: stampa@uniroma1.it





**Maurizio Pompili** 

International

on Suicidology

& Public Health

President of the Symposium:

**Symposium** 

22<sup>nd</sup> EDITION

18-19<sup>th</sup> September 2024

Aula magna del Rettorato piazzale Aldo Moro 5, Rome

# WEDNESDAY 18th SEPTEMBER 2024

- 09.00 Delegate Registration
- 09.30 Opening remarks Maurizio Pompili (Rome) Chairs: Zoltan Rihmer (Budapest),

Marco Sarchiapone (Campobasso)

- **10.00** Smoking, health perspectives, and suicide risk **Dorian A. Lamis** (Atlanta)
- **10.30** Suicide in older adults: prevent isolation, improve empowerment

Diego De Leo (Padua)

11.00 From grains of sand to stars in the sky: esketamine and new treatments beyond monoamines in suicide prevention Xenia Gonda (Budapest)

#### Special Lecture Exceptional Public Service Award in Suicidology

11.45 Introduction: Maurizio Pompili (Rome)

Empowering Suicide Reduction Globally with Improved Universal Risk Detection using the Columbia Protocol as the Hub of the Public Health Approach – Leveraging Technology and Increasing Knowledge to Elevate Standards of Care **Kelly Posner Gerstenhaber** (New York)

13.00 Break

#### **INAUGURAL OPENING SESSION**

**14.00** Magnificent Rector of the Sapienza University of Rome **Antonella Polimeni** 

Dean of the Faculty of Medicine and Psychology, Sapienza University of Rome

Erino A. Rendina

Director General of the Sant'Andrea University Hospital

Daniela Donetti

14.15 Introduction: Maurizio Pompili (Rome)

**Keynote Address** 

14.30 The need for a broader and more rational use of psychotherapy, and for greater attention to reallife user experience, in daily clinical practice Mario Maj (Naples)

### Lifetime Achievement Award

**15.15** Mood Disorders and Creativity **Kay Redfield Jamison** (Baltimore)

Exceptional Contribution Award in Psychiatry and Psychotherapy

16.00 Introduction: Vittorio Lingiardi (Rome)

**16.10** Past, present, and future of psychodynamic psychiatry **Glen O. Gabbard** (Houston)

Chairs: Antonio Vita (Brescia), Gabriele Sani (Rome)

- **16.50** Mental Health today: tradition, innovation and new treatment paradigms **Andrea Fiorillo** (Naples)
- 17.10 Cognitive symptoms, apathy and anhedonia in major depressive disorders: from unmet need to treatment options
  Christoph U. Correll (Berlin/New York)
- 17.30 Therapeutic perspectives in schizophrenia: clinical experience and innovations in therapy Andrea Fagiolini (Siena)
- 17.50 Prevention of suicidal behavior with lithium treatment in patients with recurrent mood disorders Leonardo Tondo (Cagliari/Boston)
- **18.10** Closing remarks **Maurizio Pompili** (Rome)

# **THURSDAY 19th SEPTEMBER 2024**

**08.45** Institutional Greetings
President of the Italian Society of Psychiatry **Liliana Dell'Osso** (Pisa)

09.00 Introduction

Moderatori: **Serafino De Giorgi** (Lecce), **Massimo Pasquini** (Rome)

- **09.10** Loneliness and insecurity in modern society **Alberto Siracusano** (Rome)
- 09.35 Factors associated with lifetime suicide attempts in bipolar disorder: results from an Italian nationwide study Bernardo Dell'Osso (Milan)

#### Special Lecture

- 10.00 Using clinical guidelines and current research to optimise management of patients with TRD in the short- and long-term Roger S. McIntyre (Toronto)
- **10.40** "The good, the bad and the ugly" of suicide prevention **Maurizio Pompili** (Rome)
- 11.00 Break

Chairs: **Stefano Ferracuti** (Rome), **Giuseppe Nicolò** (Rome)

(ABSTRACT SUBMISSION)

**11.30** Early traumas and psychopathological emotional developments

Mario Amore (Genoa)

11.50 Suicide attempts and mortality in Piedmont: a regional study
Giuseppe Maina (Turin)

- 12.10 Cognitive disorders and unmet needs in schizophrenia: new pharmacological and psychotherapeutic perspectives Antonio Vita (Brescia)
- **12.30** Management of depression with substance-use **Giovanni Martinotti** (Chieti)
- 13.00 Patient journey in schizophrenia: from onset to ongoing care
  Umberto Albert (Trieste)
- 13.30 Break

#### **Round Table Discussion**

- 14.30 Chairs: Giorgio Di Lorenzo (Rome), Umberto Volpe (Ancona)
- 14.35 Psychological characteristics of women with perinatal depression who require psychiatric support during pregnancy or postpartum: a cross-sectional study Cinzia Niolu (Rome)
- 14.50 Psychiatric treatment for ethnic minorities in hospital and local health care centres: results from the NOMIAC study

  Giuseppe Carrà (Milan)
- **15.05** Anxiety and insomnia: implications for suicide risk? **Gianluca Serafini** (Genoa)

## Special Lecture

15.35 Depression and mental pain: similarities and differences **Marco Innamorati** (Rome)

#### Closing Session

Chair: **Lorenzo Tarsitani** (Rome)

- 16.25 Suicide risk and prolonged grief disorder: implications for mood disorders Claudia Carmassi (Pisa)
- 16.55 Patient narratives with treatment-resistant depression during esketamine therapy **Domenico De Berardis** (Teramo)
- 17.10 Poster Awards
- **17.40** Concluding remarks and future perspectives **Maurizio Pompili** (Roma)
- **18.00** Closing