UNDER THE PATRONAGE OF:

SISTEMA SANITARIO REGIONALE AZIENDA OSPEDALIERO-UNIVERSITARIA SANT'ANDREA





CONGRESS VENUE Sapienza Università di Roma Aula Magna del Rettorato Piazzale Aldo Moro, 5 • 00185 Roma

CONTINUING MEDICAL EDUCATION

Italian CME credits have been requested for Physicians (psychiatry, neurology, infant neuropsychiatry, pediatrics, forensic medicine, hygiene, pharmacology and toxicology, epidemiology, family medicine); Psychologists (psychology and psychotherapy); Pharmacists; Nurses; Physiotherapists; Speech Therapists; Occupational Therapists.

EDUCATIONAL OBJECTIVE

Application of the principles and procedures of evidence-based practice in daily practice



PRESIDENT OF THE SYMPOSIUM: Maurizio Pompili

SCIENTIFIC COMMITTEE: Denise Erbuto, Monica Migliorati, Isabella Berardelli, Marco Innamorati Tel. (+39) 06 33775674

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International Symposium on Suicidology & Public Health

22nd EDITION

President of the Symposium: Maurizio Pompili



18-19th September 2024

Aula magna del Rettorato piazzale Aldo Moro 5, Rome

The conference has been made possible thanks to the unrestricted grants of:



WITH THE UNCONDITIONAL SUPPORT OF

WEDNESDAY 18th SEPTEMBER 2024

- 09.00 Delegate Registration
- 09.30 Opening remarks Maurizio Pompili (Rome) Chairs: Zoltan Rihmer (Budapest), Marco Sarchiapone (Campobasso)
- **10.00** Smoking, health perspectives, and suicide risk **Dorian A. Lamis** (Atlanta)
- 10.30 Suicide in older adults: prevent isolation, improve empowerment Diego De Leo (Padua)
- **11.00** From grains of sand to stars in the sky: esketamine and new treatments beyond monoamines in suicide prevention **Xenia Gonda** (Budapest)

Special Lecture Exceptional Public Service Award in Suicidology

11.45 Introduction: Maurizio Pompili (Rome)

Empowering Suicide Reduction Globally with Improved Universal Risk Detection using the Columbia Protocol as the Hub of the Public Health Approach – Leveraging Technology and Increasing Knowledge to Elevate Standards of Care **Kelly Posner Gerstenhaber** (New York)

13.00 Break

INAUGURAL OPENING SESSION

14.00 Magnificent Rector of the Sapienza University of Rome Antonella Polimeni

Dean of the Faculty of Medicine and Psychology, Sapienza University of Rome **Erino A. Rendina**

Director General of the Sant'Andrea University Hospital

Daniela Donetti

14.15 Introduction: Maurizio Pompili (Rome)

Keynote Address

14.30 The need for a broader and more rational use of psychotherapy, and for greater attention to reallife user experience, in daily clinical practice Mario Maj (Naples)

Lifetime Achievement Award

15.15 Mood Disorders and Creativity Kay Redfield Jamison (Baltimore)

Exceptional Contribution Award in Psychiatry and Psychotherapy

16.00 Introduction: Vittorio Lingiardi (Rome)

16.10 Past, present, and future of psychodynamic psychiatry **Glen O. Gabbard** (Houston)

Chairs: Antonio Vita (Brescia), Gabriele Sani (Rome)

- **16.50** Mental Health today: tradition, innovation and new treatment paradigms **Andrea Fiorillo** (Naples)
- 17.10 Cognitive symptoms, apathy and anhedonia in major depressive disorders: from unmet need to treatment options Christoph U. Correll (Berlin/New York)
- **17.30** Therapeutic perspectives in schizophrenia: clinical experience and innovations in therapy **Andrea Fagiolini** (Siena)
- **17.50** Prevention of suicidal behavior with lithium treatment in patients with recurrent mood disorders **Leonardo Tondo** (Cagliari/Boston)
- 18.10 Closing remarks Maurizio Pompili (Rome)

THURSDAY 19th SEPTEMBER 2024

- 08.45 Institutional Greetings President of the Italian Society of Psychiatry Liliana Dell'Osso (Pisa)
- 09.00 Introduction

Moderatori: **Serafino De Giorgi** (Lecce), **Massimo Pasquini** (Rome)

- 09.10 Loneliness and insecurity in modern society Alberto Siracusano (Rome)
- 09.35 Factors associated with lifetime suicide attempts in bipolar disorder: results from an Italian nationwide study Bernardo Dell'Osso (Milan)

Special Lecture

- **10.00** Using clinical guidelines and current research to optimise management of patients with TRD in the short- and long-term **Roger S. McIntyre** (Toronto)
- **10.40** "The good, the bad and the ugly" of suicide prevention **Maurizio Pompili** (Rome)

11.00 Break

Chairs: Stefano Ferracuti (Rome), Giuseppe Nicolò (Rome)



- 11.30 Early traumas and psychopathological emotional developments Mario Amore (Genoa)
- 11.50 Suicide attempts and mortality in Piedmont: a regional study Giuseppe Maina (Turin)
- 12.10 Cognitive disorders and unmet needs in schizophrenia: new pharmacological and psychotherapeutic perspectives Antonio Vita (Brescia)
- 12.30 Management of depression with substance-use Giovanni Martinotti (Chieti)
- 13.00 Patient journey in schizophrenia: from onset to ongoing care **Umberto Albert** (Trieste)

13.30 Break

Round Table Discussion

- 14.30 Chairs: Giorgio Di Lorenzo (Rome), Umberto Volpe (Ancona)
- 14.35 Psychological characteristics of women with perinatal depression who require psychiatric support during pregnancy or postpartum:
 a cross-sectional study
 Cinzia Niolu (Rome)
- 14.50 Psychiatric treatment for ethnic minorities in hospital and local health care centres: results from the NOMIAC study **Giuseppe Carrà** (Milan)
- **15.05** Anxiety and insomnia: implications for suicide risk? **Gianluca Serafini** (Genoa)

Special Lecture

15.35 Depression and mental pain: similarities and differences Marco Innamorati (Rome)

Closing Session

Chair: Lorenzo Tarsitani (Rome)

- **16.25** Suicide risk and prolonged grief disorder: implications for mood disorders **Claudia Carmassi** (Pisa)
- **16.55** Patient narratives with treatment-resistant depression during esketamine therapy **Domenico De Berardis** (Teramo)
- 17.10 Poster Awards
- 17.40 Concluding remarks and future perspectives Maurizio Pompili (Roma)
- 18.00 Closing